

CROISSANTS (PANDORA)

PASTRY LEAVENED PRODUCTS FOR BREAKFAST

CROISSANT DOUGH

INGREDIENTS

PANDORA

fresh yeast water

PREPARATION

1000g Knead PANDORA, yeast and water until you obtain a velvet smooth dough.
50g Shape the dough into a ball, cover it with a cloth and let it rest for 10 minutes

400-420g at room temperature.

LAMINATED DOUGH

INGREDIENTS

MARBUR CROISSANT 20%

PREPARATION

300g Roll out the dough into a rectangular layer, lay MARBUR CROISSANT onto a half and fold so that the other half cover the first and the sheet of butter is completely enclosed in the dough. Seal the edges well.

Roll out in order to shape the dough into a rectangle again and make a 3-layer fold, then roll out again and make another 3-layer fold.

Let the laminated dough rest for 10 minutes.

Final composition

Roll out the dough to 4 mm and cut it into triangles of the desidered weight.

Roll the triangles up well tight, from the base up, bend the tips in order to give them a crescent shape and place them onto trays.

Store into the proofer room for 60 minutes at 28-30°C with relative humidity of the 80%. Brush the croissants with beaten egg and bake at 200°C for about 20 minutes in a deck oven. TIPS:

-It is recommended to bake before the rising is at its maximum.