



PLASTIC ARROTOLATO

chef Basic level

RECIPE

INGREDIENTS

PARADISO

egg whites
sugar
honey

PREPARATION

1.000g -Whip all the ingredients in a stand mixer with the whisk attachment for 5
1.000g minutes at medium speed.
200g -Spread the resulting batter on parchment paper to the desired thickness
30g (5-8 mm).
-Bake in a static oven at 220-230°C for 6-7 minutes.