

FRUIT ICE CREAM WITH JOYBASE DELYMIX 50

Basic level

Recipe to make a fruit ice-cream

FRUIT ICE CREAM WITH JOYPASTE

water	1000g
sugar	210-280g
JOYBASE DELYMIX 50	50g
JOYPASTE in the chosen fruit	120g
JOYPLUS TRIM	40g
JOYPLUS FIBRA MIX	45g
SVELTO	2.5g

-Dry mix JOYBASE DELYMIX 50, JOYPLUS TRIM, JOYPLUS FIBRA MIX and sugar.
-Add all other ingredients and mix them with an immersion blender.
-Let the mixture rest for about 15 minutes and then whisk.