

DUBAI-CHOUX

☐ Intermediate level

PATE A CHOUX

INGREDIENTS

DELI CHOUX

water

PREPARATION

Heat the water to 50-55°C and put it in a planetary mixer together with the BOOg DELICHOUX and knead with the leaf for 15 minutes at medium-maximum speed. Let the dough rest for 10 minutes and then dress with a smooth nozzle on forosil mats.

Cook the cream puffs with the craquelin in a fan oven at 190°C with the valve closed for 10 minutes, then switch to 175°C for 15 minutes with the valve open.

CROQUELIN

INGREDIENTS

type 00 white flour

AVOLETTA

raw sugar unsalted butter 82% fat

PREPARATION

130g Soften the butter and then add the flour, the small vanilla and the mixed

80g sugar. Stir until obtaining a mass similar to short pastry. Put between two

 $\,$ 140g $\,$ sheets of silicon paper and spread at 3mm then put to cool in a blast chiller

for about 1/2 hour. Cut out, with the help of a pastry cutter, discs to be placed on each single choux before cooking.

COFFEE CUSTARD CREAM

INGREDIENTS	PREPARATION

full-fat milk (3,5% fat)

800g Mix cold with SOVRANA whisk and sugar, then add the egg yolks.

liquid cream 35% fat 200g Separately boil the milk and cream.

SOVRANA 100g Add the previously prepared mixture and continue cooking until the first

350g boil.

egg yolk 200g Add JOYPASTE CAFFE', mix and do a positive blast chilling cycle.

25g

PISTACHIO WHIPPED GANACHE

INGREDIENTS PREPARATION

liquid cream 35% fat 80g -Make the ganache by bringing the cream to the boil (1) and adding it to the

SINFONIA CIOCCOLATO PISTACCHIO 130g chocolate chips, mixing with a whisk or mixing with an immersion blender.

200g -Add the cold cream 2 in a thin stream, continuing to mix.

-Place in the refrigerator for at least 3 hours (ideally overnight).

Final composition

liquid cream 35% fat

caster sugar

JOYPASTE CAFFE'

Fill the cream puff with the coffee custard, also dress a small amount of PRALIN DELICRISP PISTACHIO DUBAI then whip the pistachio ganache and make a hole inside the ganache with the help of a melon baller. Dress the PRALIN DELICRISP DUBAI inside Finally decorate with splashes of color as desired.