



VIENNESE FOCACCIA WITH CEREALS

👤 Basic level

LEAVENED PRODUCTS FOR BREAKFAST

DOUGH FOR SWEET FOCACCIA WITH CEREAL

Ingredients

CEREAL'EAT LIEVITATI

water
milk
eggs
unsalted butter 82% fat
fresh yeast
salt

Preparation

1.000g Knead all the ingredients together, except for the water, that shall be poured
150g in more than once, and for the butter, that shall be combined at the end.
200g Keep on kneading until the dough is velvet smooth and very soft.
150g Let the dough rest for about 20 minutes.
150g At the end of the resting time, portion the dough out, roll each portion tight
40-50g in a ball shape and let rest for 20-30 minutes.
12g Roll the dough out to shape a circle and place onto trays lined with
parchment paper or into proper baking moulds.
Transfer into the proofer room at 30-32°C for about 80-90 minutes or,
anyway, until the rising process is complete.

Final composition

Before baking, brush the focaccia with beaten egg, sprinkle it with plenty of Caster sugar and gently press the surface with your fingertips.

Then, evenly spread some butter curls on top.

Bake at 220°C for about 10 minutes (short time baking at high temperature).

Besides the "plain" version explained so far, it is possible and advisable enrich the focaccia with a topping such as HONEYFILL or FRUTTIDOR.

AVVERTENZE:

- You can freeze the product right after you place it in the moulds.

- When you need to use it, remove the focaccia from the freezer and store it in the fridge overnight, so that, the next morning, it will only need a short rising time in the proofer room before baking.