



FRUIT SMOOTHIES

🏠 Basic level



RECIPE CREATED BY:

Marco De Grada
Pastry chef

GUSTI: MANGO E TROPICALE

water	1.000g
FRUTTIDOR MANGO	1.000g
Sucrose	100g

FRUIT SMOOTHIES WITH FRUTTIDOR AND MILK

GUSTI: CILIEGIA, AMARENA, FRAGOLA, ARANCIA, ALBICOCCA, FRUTTI DI BOSCO, LAMPONE, MIRTILLO, PESCA

water	1.000g
<u>FRUTTIDOR CILIEGIA</u>	1.000g
Sucrose	150g

FRUIT SMOOTHIES WITH FRUTTIDOR AND MILK

GUSTI: PERA E MELA

water	1.000g
<u>FRUTTIDOR PERA</u>	1.000g
Sucrose	250g

FRUIT SMOOTHIES WITH FRUTTIDOR AND MILK

GUSTI: MANGO, TROPICALE CILIEGIA, AMARENA, FRAGOLA, ARANCIA, ALBICOCCA, FRUTTI DI BOSCO, LAMPONE, MIRTILLO, PESCA

milk 3.5% fat	1.000g	FRUIT SMOOTHIES WITH FRUTTIDOR AND MILK
FRUTTIDOR MANGO	1.000g	
Sucrose	100g	

GUSTI: PERA E MELA

milk 3.5% fat	1.000g	FRUIT SMOOTHIES WITH FRUTTIDOR AND MILK
<u>FRUTTIDOR PERA</u>	1.000g	
Sucrose	200g	

GUSTI: MANGO, TROPICALE CILIEGIA, AMARENA, FRAGOLA, ARANCIA, ALBICOCCA, FRUTTI DI BOSCO, LAMPONE, MIRTILLO, PESCA

milk 3.5% fat	500g	FRUIT SMOOTHIES WITH FRUTTIDOR AND MILK
FRUTTIDOR MANGO	1.000g	
Sucrose	150g	
low-fat yogurt	500g	

GUSTI: PERA E MELA

milk 3.5% fat	500g	FRUIT SMOOTHIES WITH FRUTTIDOR AND MILK
<u>FRUTTIDOR PERA</u>	1.000g	
Sucrose	220g	
low-fat yogurt	500g	



Extraordinary
made simple.