



# PEAR & CINNAMON FLOWER POT

👩🍳 Advanced level

SINGLE-PORTION WITH PUFF PASTRY, CINNAMON MOUSSE AND POACHED PEAR IN A CHOCOLATE-MADE POT

## CINNAMON MOUSSE

### INGREDIENTS

liquid cream

LILLY NEUTRO

milk

JOYPASTE CANNELLA

### PREPARATION

500g In a planetary mixer, whip all ingredients together with a whisk, until  
100g soft peaks form.  
100g Pour the mousse in a pastry bag fitted with a round plain tip.  
40g

## PUFF PASTRY

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### INGREDIENTS

GRANSFOGLIA

water

FRUTTIDOR PERA

### PREPARATION

1000g Knead for 5-10 minutes until you obtain a smooth, velvety dough.  
450g Allow the dough to rest for 1 hour in the fridge.  
qb Roll out the dough into a 1-2cm thick rectangle.  
Laminate the dough with a book of 700g of butter as described below.  
Remove the butter from the fridge 2 hours before using it.  
Place the 700g of butter onto one half of the dough, fold the dough in half to cover the butter and seal the edges.  
Roll out in order to shape the dough into a 2cm thick rectangle and make a 3-layer fold, then roll out again and make a 4-layer fold.  
Cover the dough with a plastic sheet to avoid drying and let it rest in the fridge for 1 hour at least.  
Repeat both folds (3-layers fold, then 4-layers fold), then cover the dough with a plastic sheet again and allow the dough to rest in the fridge for one more hour.  
Roll out to 2-4 mm and spread a thin layer of FRUTTIDOR PERA (pear) over the dough, fold in half and roll again to 2-4mm.  
Cut into small rounds and bake between 2 silicone mats at 180°C until golden brown.  
If desired dust with confectioners' sugar while baking to caramelize the puff pastry.

## HAZELNUT FLORENTINE

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### INGREDIENTS

FLOMIX

GRANELLA DI NOCCIOLA

### PREPARATION

600g Blend the ingredients together and cast on a parchment paper  
300g lined baking tray.  
Bake at 180°C for 7-10 minutes or until golden brown.  
While still warm, cut into rings using two round cutters of different size.  
Let cool at room temperature.

## POACHED PEAR

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### INGREDIENTS

Cabernet red wine

raw sugar

JOYPASTE CANNELLA

JOYPASTE VANIGLIA MADAGASCAR/BOURBON

small fresh pears

### PREPARATION

700g Peel the pears leaving the stem intact.  
150g Bring wine, sugar and the two JOYPASTEs to a boil, then reduce  
20g the heat to a simmer.  
5g Add the pears to the liquid and simmer until pears are tender.  
6-8 During the cooking time, turn pears every 5 minutes to obtain a  
consistent color.  
Remove from the heat and allow pears to cool in their liquid.  
Reserve in fridge until ready to use.

## FINISHING

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### INGREDIENTS

DELICRISP

### PREPARATION

qb Use DELICRISP in the final composition step, as described below.

## Final composition

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Remove a pear from the poaching liquid and dry.

Place a disc of puff pastry in the bottom of the DOBLA FLOWER POT and top with a layer of cinnamon mousse.

Repeat layering steps until the mousse reaches the top of the flower pot.

Sprinkle top layer of mousse with DELICRISP and place a florentine ring on top of the mousse.

Gently press a pear into the center of the ring and finish with DOBLA STAR ANICE and DOBLA CHOCOLATE HAZELNUT IN SHELL.